

# 2023-2024 Funded Programs



# HEALTH PROGRAMS



Good health is an essential ingredient for individual success and a thriving community. Residents who have access to quality health care are more productive and require fewer government services and costly long-term care. Healthy kids are more likely to succeed in school and healthy adults are more likely to maintain or gain employment. At the Town of Palm Beach United Way, we believe the whole community will flourish when all of our residents have access to quality health care.



## Medical and Dental

### Caridad Center—Health Clinic

Since its founding in 1989, Caridad Center has evolved from a trailer in rural Palm Beach County to the largest free clinic in Florida. The clinic serves 5,000 uninsured, economically disadvantaged Palm Beach County residents. Patients receive medical, dental, vision, specialty and mental health services from Caridad's staff and 700+ medical volunteers.



### Clinics Can Help—The Lending Closet

The primary activities of Clinics Can Help's Lending Closet are focused on collecting, securing, restoring if necessary, and providing medical equipment and supplies to children and adults in need in Palm Beach County who could not easily access this equipment and supplies on their own.

### Families First—Targeted Outreach for Pregnant Women

The Targeted Outreach for Pregnant Women program is for high-risk pregnant women who haven't obtained prenatal care, suffer from substance abuse problems, or are at risk for HIV (human immunodeficiency virus)/infected with HIV. They are provided with linkage to services and resources that help them prevent transmission to their babies.

### Legal Aid Society—Medical Legal Partnership

The Medical Legal Partnership Project improves the health outcomes and increases access to healthcare services for low-income clients by providing free legal services to address unmet needs such as income through Social Security Disability benefits, loss of insurance coverage, denial of benefits, and immigration issues affecting access to healthcare.

### Planned Parenthood—Teen Time Medical

Teen Time Medical/Healthy Teens is a long-standing program that provides free/low-cost services to teens at Planned Parenthood health centers in Palm Beach County. Services include exams, STI, HIV, and pregnancy testing, free contraception, and accurate medical information delivered in a confidential, non-judgmental way.

# Mental Health

## **Alpert Jewish Family Service—Community Access Lifeline**

The Community Access Lifeline (CALL Service) provides a streamlined behavior health assessment to the community at no charge. Master-level professionals conduct a comprehensive bio-psycho-social-functional telephone assessment to identify and assess the needs of the caller, the client, and the family, and provide a plan of service for the caller.

## **Alpert Jewish Family Service—Behavioral Health Services**

As a multi-disciplinary agency with comprehensive wrap-around mental health services, Alpert JFS provides resources, information, and programs that take a holistic approach to addressing mental well-being for individuals, children, and families. Mental health services include counseling, psychiatry, support groups, or other behavioral health services.

## **Center for Child Counseling—Child and Family Center**

The Child and Family Center provides prevention, early intervention, and counseling in a warm and supportive environment, helping children and caregivers develop resilience, positive relationships, and work through issues related to physical and sexual abuse, violence, grief, and traumatic experiences that impact mental health.

## **Center for Child Counseling—Social-Emotional Wellness**

The Social-Emotional Wellness program provides on-site prevention, early intervention, and targeted treatment for infants, toddlers, and young children in shelters, schools, and subsidized childcare centers in vulnerable neighborhoods.

## **Center for Family Services—S.A.F.E. Kids**

Center for Family Services administers mental health screenings to parents who utilize the Palm Beach Family Visitation Center and offers counseling as appropriate. Parents are also given the opportunity to participate in the Nurturing Parenting Program. Mental health services for children promote healthy relationships and development.

## **Families First—Children's Behavioral Health**

Children's Behavioral Health Services program provides individualized trauma-informed therapeutic care, family-driven services, and flexible treatment strategies for at-risk children, teens, young adults, and families. Services are provided to ages 5 - 22 through a lens of cultural sensitivity and humility.

## **Families First—Healthy Families**

Healthy Families Florida is a nationally accredited family support and coaching program that helps parents provide the safe and stable environments children need for healthy growth and development. Specially-trained support workers help parents improve their parenting skills and achieve goals that increase family stability and self-sufficiency.

## **Families First—KIN Support**

Kin Support provides comprehensive social work case management and care coordination to kinship families residing in Palm Beach County. Families are linked to essential services and resources that address family needs, including behavioral health, counseling and support groups.

## **Gulfstream Goodwill—Mental Health Counselors**

The Mental Health Counselors program provides mental health counseling, school liaison support, and referrals to outside mental health services for the children and families in Goodwill's shelters, thereby increasing their access to critical support to ensure healthy outcomes.

## **Healthy Mothers, Healthy Babies—Circle of Moms**

Healthy Mothers, Healthy Babies established the Circle of Moms program in 2016 to support the maternal mental health needs of pregnant and postpartum women in Palm Beach County. The program uses a structured care coordination model, mental health screening tools, peer-to-peer support groups that are evidence-based and led by Licensed Mental Health Counselors, and provides training for health professionals centered around perinatal mood and anxiety disorders.

## **Project LIFT—Intensive Outpatient Treatment**

Licensed therapists utilize evidence-based practices including Cognitive Behavioral Therapy, Motivational Interviewing and Trauma Informed Care, alongside skilled trades instructors who replace self-destructive behaviors with productive, hands on work. Teens receive group, individual, and family therapy to identify and address underlying mental health issues and develop healthy coping skills.

# Substance Abuse

## Center for Child Counseling—Fighting ACEs

Fighting ACEs provides prevention and intervention services for children, teens, and families experiencing dysfunction related to substance misuse, abuse, and dependency.

## Drug Abuse Foundation—Intensive Residential Treatment

The program's focus is to stabilize clients physically, mentally, and emotionally, establish that they are drug-free, and prepare them to implement a personal program of recovery once they return to a real world environment. Clients receive therapeutic services, psycho-educational services, life skills education, medical support, and family support.

## Drug Abuse Treatment Association—Walter D. Kelley Center

This licensed, accredited program provides individualized, evidence-based, residential substance use and co-occurring treatment to youth ages 13 - 18. The program consists of therapeutic, behavioral and academic components designed to encompass the whole child. Average length of stay is 4 to 6 months based on the client's needs and progress.



# Older Adults and Caregiver Support

## 211 Palm Beach—Elder Crisis Outreach

Elder Crisis Outreach provides seniors with crisis intervention and assistance connecting to resources. Clients are vulnerable elders who may be experiencing health issues, financial hardship, or other crises. The goal of this program is to intervene early to provide case management and help older adults maintain their independence.

## 211 Palm Beach—Sunshine Telephone Reassurance

Sunshine Telephone Reassurance provides isolated seniors (60+) and other homebound individuals within Palm Beach County and the Treasure Coast with a daily phone call to ensure their well-being. In the event that contact cannot be made, often due to a health incident, staff will request emergency intervention that saves lives.

## Alpert Jewish Family Service—Case Management for Older Adults

Alpert Jewish case management is a professional service specializing in assisting older adults and their families in meeting long-term care arrangements, accessing community resources, and maximizing their independence. Utilizing food insecurity initiatives as an entry point, Case Management professionals will work with older adult clients seeking food insecurity services to identify and address their human service needs.

## Alzheimer's Community Care—Family Nurse Navigators

Family Nurse Consultants are licensed registered and practical registered nurses trained in Alzheimer's disease and other dementia-specific disorders that work directly with caregivers and patients, providing emotional support, disease education, guidance, and connections to community resources throughout all stages of the disease.

## Alzheimer's Community Care—Specialized Day Care

The Specialized Alzheimer's Day Care Program is part of a holistic model of care that equips families with resources to care for their loved one with Alzheimer's throughout the disease progression. The program provides comprehensive dementia-specific patient care at 8 centers across Palm Beach County that lessen the impact of behaviors associated with Alzheimer's disease, while family caregivers receive respite from the challenges of 24/7 care giving.

## Catholic Charities—Elder Affairs Guardianship

The Elder Affairs Program provides long-term, case management services and bill pay to vulnerable, incapacitated seniors. The Catholic Charities team is appointed by the courts to act as the guardian to protect and care for elderly individuals who are unable to care for themselves and lack a family member or legal representative to ensure their housing, medical, emotional, personal, and spiritual needs are met in a protective, safe, healthy and compassionate manner.

# Disabilities and Special Needs

## **The Arc of the Glades—Disabilities System of Care**

Arc of the Glades provides service and support to ensure individuals with disabilities can live, work and play in their community. Services that clients can choose from include: Adult Day Training, which consists of training in Adult Basic Education; Money Skills; Safety Skills; Daily Living Skills; Computer Skills; Employment Skills Training and On-Site Work Experience; Employment Simulation through volunteering; and Community Inclusion Activities.

## **The Arc of Palm Beach County—Employment and Training**

The Arc's Employment & Training Services are comprised of a full range of career and education programs designed to integrate adults with intellectual and developmental disabilities (IDD) into our community through a variety of employment options. These programs help individuals increase their independence and achieve economic self-sufficiency by earning income to support their lives.

## **The Arc of Palm Beach County—Family and Community Living**

Family & Community Living Services promote independence and full community participation for individuals with disabilities and their families through residential services, respite care, family support, social engagement opportunities, self-advocacy training, and other services that help families make important life decisions.

## **YMCA of the Palm Beaches—Adaptive Swim**

The adaptive swim program consists of 8 private one-on-one swim lessons per session aimed at providing adults and children with varying mental and physical abilities a chance to learn how to swim. Trained instructors tailor each session to provide the best learning experience for each individual.

